

Cottage Toast

Free of Egg, Peanuts, Tree nuts, Sesame, Soy, Shellfish, Wheat*

Sliced bread (toasted and warm)

Plain cottage cheese

Optional: Jam or herbs

If desired, mix cottage cheese with herbs or spread jam on toast. Top toast with a layer of cottage cheese. Eat immediately.

Servings: 1 (\$0.60+/serving)

****This recipe is free of the above listed allergens if the ingredients chosen are free of the allergens. For example, a pasta dish is only free of eggs and wheat if the pasta used is egg and wheat free. Please see allergen shopping lists for recommended products.***