

Soy/Sunbutter Toast

*Free of Egg, Peanuts, Tree nuts, Sesame, Shellfish, Wheat, Soy, Dairy**

Sliced bread (toasted and warm)

Soy or Sun Butter (depending on allergies and preferences)

Optional toppings

Spread a layer of soy or Sun Butter on the toast. For variety, add additional toppings such as bananas, honey, jam, shredded carrots, or raisins. Serve warm.

Servings: 1 (\$0.60+/serving)

****This recipe is free of the above listed allergens if the ingredients chosen are free of the allergens. For example, a pasta dish is only free of eggs and wheat if the pasta used is egg and wheat free. Please see allergen shopping lists for recommended products.***