

Tuna Pizza Melts

*Free of Egg, Peanuts, Tree nuts, Sesame, Shellfish, Dairy**

English Muffins

1 cup cheese or soy cheese of choice (shredded)

Tomato sauce (see recipe)

1 can tuna

Preheat oven to 350 F. In a small bowl, mash the tuna with a fork to separate. Divide the English muffins and spread a thin layer of sauce over the inside surface. Add a ¼ to ½ inch layer of tuna fish and top with cheese. Put in the oven and cook 5 to 10 minutes until cheese melts. Serve warm.

****This recipe is free of the above listed allergens if the ingredients chosen are free of the allergens. For example, a pasta dish is only free of eggs and wheat if the pasta used is egg and wheat free. Please see allergen shopping lists for recommended products.***